NASSAU COUNTY AL-ANON and ALATEEN MEETINGS

AL-Anon Information Service Of Nassau County (ALISON)

www.alanon-nassau-ny.org · 516-433-8003

First Quarter 2026 *(Updated 3/9/2026)*

The Al-Anon Family is a fellowship of relatives and friends of alcoholics who share their experience, strength and hope to solve their common problems. We believe alcoholism is a family disease and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy, neither endorses or opposes any causes. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions. Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the 12 Steps, Traditions, and Concepts, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic. If you think or feel a group you attend is not right for you, please try another group; there is help and hope available in Al-Anon.

ALISON QUARTERLY MEETING

Meets the Second Thursday of Each Quarter In-Person & ZOOM

New Location

(January, April, July, October)

Meeting begins at 7:30 PM -ends promtly at 9:00PM

1025 Old Country Road, Westbury, Suite #400

Message to all ISR's: Please email to CorrespondingSecretaryAlison@Outlook.com your group's contact information to receive ALISON QUARTERLY Zoom meeting username & password

SERENITY PRAYER

God, Grant me the Serenity to accept the things I cannot change,
the Courage to change the things I can and the Wisdom to know the difference.

It is important that all Al-Anon Family Groups follow Al-Anon's 12 Traditions and keep the doors open to all Al-Anon members.

AL-ANON MEETINGS

These are all **Closed Meetings**. *Closed Meetings* are for Al-Anon Members and Prospective Members Only.
Type is explained in the Legend which on page 4**. Open Meetings schedule is on page 4.**

FORMAT	SUNDAY	WSO #	Dist.	Type/Time	Meeting Location/Address	Call Day
Z	Sunday Serenity	83195	7	B / R / Z 7:30 ID 475 906 0532 PW 584544	ZOOM ONLY	24
IP	Farmingdale 11735 Sunday Night Al-Anon	31722	8	B / R / 7:30	St. Killan Church - 462 Conklin St. at Cherry St. (Enter near rear door by large parking lot. Meeting in basement)	17
H	Garden City 11530 Simple Sunday	9754	11	R / Z 6:30 PM ID 854 196 101 PW 101	Garden City Community Church 245 Stewart Ave	27
IP	Long Beach 11561 Slogans and Sharing	40302	10	10:00 am S/T/Concepts 11:00 am Slogans 11:00 am	Long Beach Senior Center - 650 Magnolia Blvd., 2nd Floor (Entrance closest to bay, make a right, go through the next door, up one flight. Elevator accessible)	2
z	Syosset 11791 How Al-Anon Works	30587507	6	R / Z 7:30 PM ID 919 965 026 PW 491328	Zoom only	26
Z	Valley Stream 11580 Pathways to Serenity	45341	10	B / R / Z 7:00pm ID 276 455 2549 PW 9MGhqv	Zoom only	14

FORMAT	MONDAY	WSO #	Dist.	Type/Time	Meeting Location/Address	Call Day
H	Amityville 11701 Faith & Courage	9583	7	B / R / Z 7:30 PM ID 859 2037 3856 PW 233207	St. Mary's Episcopal Church 175 Broadway (RT 110) (Park at rear entrance)	5
IP	Freeport 11520 Sharing and Caring	65972	7	B / R 7:30 PM	First Presbyterian Church - 178 South Ocean Ave. & Smith St.(Rear Entrance)	15
IP	Stuart Manor 11530 Joy of Living	40862	11	B / R / Z 1:00 ID 860 9441 7854 PW 104469	St. James Lutheran Church of Stewart Manor - 116 Elton Road (Entrance on Chester Ave.)	18
H	West Hempstead 11552 Monday Miracles	503172	10	B / R / Z 7:30 ID 580 261 5917 PW 5917	St Thomas the Apostle Chapel Downstairs, 7:30 876 Hempstead Ave West Hempstead, NY 11552	22
Z	Roslyn 11576 Parents Group	62208	6	Z 7:00 PM ID 311 397 545 PW 716145	Zoom only, for now	1
IP	Seaford 11783 Hope Group	63869	8	B/R 7:30	St. James Church 80 Hicksville Rd Rm 106 Parish Hall (Doors close 8PM)	12
z	Valley Stream 11580 Monday Morning 4th	10632	10	9:45	ID:858 6491 1238 PW:822057	0
IP	Wantagh 11793 Midday Al-Anon	29164	7	B / R 12:30 PM	St. Frances de Chantel Church - 1309 Wantagh Avenue (School Bldg. Room 15)	11
FORMAT	TUESDAY	WSO #	Dist.	Type/Time	Meeting Location/Address	Call Day
H	Manhasset 11030 Noontime Serenity	63627	6	L12.00 PM ID 826 1392 2694 PW 627362	Unitarian Universalist Congregation @ Shelter Rock 48 Shelter Rock Rd, Veatch House Ballroom. Turn into entrance off Shelter Rock Road, go right at stop sign,	6
IP	Plainview 11803 Open Door	9798	8	B / R 7:30 PM	Plainview/Old Bethpage Public Library 999 Old Country Road	25
IP	Stewart Manor 11530 Sharing Together	50140	11	R / B 7:30 PM	St. James Lutheran Church - 116 Elton Road (Entrance on Chester Ave.)	9
Z	Garden City Feeling the Healing	9755	0	B / AC / Z 7:30 ID 897 0077 45786 PW 964991	St. Joseph's Zoom only, for now	0
IP	Wantagh 11793 Wantagh Family Group	10371	7	B / R 10:00 AM	Temple B'nai Torah 2900 Jerusalem Ave,	23
FORMAT	WEDNESDAY	WSO #	Dist.	Type/Time	Meeting Location/Address	Call Day
IP	Bellmore 11710 "Wednesday Serenity"	9911	7	B / R 7:00 PM	St Barnabas Parish Church - 2320 Bedford Avenue (Church Basement - side door)	7
IP	Massapequa 11758 Nibble & Grow	9902	7	B / R 1:00 PM	St. Rose of Lima Church, Outreach & Youth 2 Bayview Ave. & Merrick Rd.	10
IP	New Hyde Park 11040 Men's Meeting	30626176	11	R 7:00 PM	Christi Lutheran Church - 300 Hillside Drive South	0
IP	Oyster Bay 11771 Pearls of Serenity	10172	6	BR 7:30	First Presbyterian Church - 22 Pearl St. & 60 Main St.	8
IP	Stewart Manor 11530 Steps for Living	47050	11	S 1:00 P	St. James Lutheran Church - 116 Elton Road (Entrance on Chester Ave.)	\
Z	Valley Stream Pathways to Serenity II	45431	10	Z 7:00PM ID 276 455 2549 PW 9MGhqv	Zoom only, for now	0

FORMAT	THURSDAY	WSO #	Dist.	Type/Time	Meeting Location/Address	Call Day
IP	Hicksville 11801 Men's Discussion	9797	8	B / R 7:30 PM	United Methodist Church of Hicksville - 130 Old Country Rd. (1 Block East of Newbridge Rd.)	21
H	Wantagh 11783 Thursday AM	9901	7	B / R / Z 10:00 AM ID 860 4359 1457 PW 500872	St. France's de Chantel Churc -1309 Wantagh Ave.Wantagh NY (School Bldg) Rm 15	28
R	Syosset "Afternoon"	10321	8	R 1:00 PM	Syosset Community Church 36 Church St	
H	Rockville Centre 11570 Back to Basics -	52652	10	B / R/ H 8:00 PM ID# 580 261 5917 PW 5917	Holy Trinity Lutheran Church - 240 Lincoln Ave. & Woodward Ave. NOTE: AN ALATEEN MEETING RUNS CONCURRENTLY AND IS IN PERSON ONLY	16
IP	Long Beach 11561 Women's Meeting	45341	10	4th S 6:00 PM	The People's Church - 111 Delaware Ave. (Church Hall - Lower Level)	19
FORMAT	**FRIDAY**	**WSO #**	**Dist.**	**Type/Time**	**Meeting Location/Address**	**Call Day**
IP	Syosset 11791 Friday Night Significant Other AFG	30702414	6	AFG 7:00 PM	Kenneth Peters Center for Recovery - 6800 Jericho Tpke., Suite 122W - KPC Room (Weather permitting - held outdoor in the courtyard. Bring a chair)	3
Z	Blueprint for Progress	30438126	7	4th S / Z 6:30 PM ID 281 707 1665 PW Blueprint	Zoom only, for now	4
FORMAT	**SATURDAY**	**WSO #**	**Dist.**	**Type/Time**	**Meeting Location/Address**	**Call Day**
IP	Bethpage 11714 Saturday Night off Broadway	9608	8	B / R 7:00 PM	St. Martin of Tours Church - 38 Seaman Avenue (St. Alphonsus Hall)	0
H	Long Beach 11561 Mid-Day Renewal	40443	10	Z 10AM-11:30 AM B 11:00 AM R 11:40 AM ID 863 7790 0576 PW 278526	Long Beach Senior Center - 650 Magnolia Blvd., 2nd Floor (Entrance closest to bay, make a right, go through the next door, up one flight. Elevator accessible)	20
H	Port Washington 11050 Pathways to Hope	24059	6	S 10:30AM-12:00PM (Hybrid) ID 450 569 057 PW 057	Lutheran Church of our Savior 12 Franklin Ave Port Washington Near Train Station	29

♿ = Handicapped accessible	O = Open Meeting
AC = Adult Child Meeting	L = Legacy (Step, Tradition, Concept) Meeting
AFG = Al-Anon Family Group	P = Parents Meeting
B = Beginners Meeting (Newcomers)	PW = Zoom Meeting Password
BS = Babysitter Available	R = Regular Meeting
Dist. = District in Nassau County	S = Step Meeting
H = Hybrid Meeting (In Person And Zoom)	T = Tradition Meeting
ID =Zoom Meeting ID	WSO# = WSO Group ID Number
IP = In Person Meeting (May include Zoom)	Z = Zoom Meeting

ALATEEN MEETINGS

Alateens are members of the Al-Anon fellowship generally 12 to 19 years of age. An Alateen group consists of two certified Alateen sponsors and two or more Alateen members. When an Alateen meeting is unavailable, they are encouraged to attend Al-Anon meetings. Meetings are an anonymous and safe place where they can find their own voice and benefit by hearing the voice of their peers in discussing the family disease of

THURSDAY

FORMAT		DAY				
IP	Rockville Centre Super Nova	52652	10	8PM in person only	Holy Trinity Lutheran Church - 240 Lincoln Ave. & Woodward	16

Alateen Social Media Sites / On-line Chat for Alateens:

Al-Anon.org/newcomers/teen-corner-alateen Facebook.com/AlateenWSO

youTube.com/channel/UCRP2-e3CnVpa-Vg5Praa9Vw twitter.com/Alateen_WSO insstagram.com/alateen_WSO

OPEN AL-ANON MEETINGS

Open Meetings are for Healthcare Professionals, Students, Educators and anyone interested in learning about Al-Anon.

FORMAT	Group Name	WSO #	Dist.	Type/Time	Meeting Location/Address	Call Day
Meets on 10/24/26						
H	Port Washington Pathways to Hope	24059	6	B 9:45 AM (Zoom Only) S 10:30AM-12:00PM (Hybrid) ID 450 569 057 PW 057	Lutheran Church of our Savior 12 Franklin Ave Port Washington Near Train Station	29
Meets on ,						
H	West Hempstead 11552 Monday Miracles	503172	10	B / R / Z 7:30 ID 580 261 5917 PW 5917	St Thomas the Apostle Chapel Downstairs, 7:30 876 Hempstead Ave	22
Meets on 10/9/2026						
IP	Seaford 11783 Hope Group	63869	8	B/R 7:30	St. James Church 80 Hicksville Rd Rm 106 Parish Hall (Doors close 8PM)	12
Meets on-,						
H	Garden City 11530 Simple Sunday	9754	11	R / Z 6:30 PM ID 854 196 101 PW 101	Garden City Community Church 245 Stewart Ave	27
Meets on						
Z	Sunday Serenity	83195	7	B / R / Z 7:30 ID 475 906 0532 PW 584544	ZOOM ONLY	24
Meets on						
IP	Stewart Manor 11530 Steps for Living	47050	11	S 1:00 P	St. James Lutheran Church - 116 Elton Road (Entrance on Chester Ave.)	\
Meets on 4/9/2026						
H	Rockville Centre 11570 Back to Basics -	52652	10	B / R/ H 8:00 PM ID# 580 261 5917 PW 5917	Holy Trinity Lutheran Church - 240 Lincoln Ave. & Woodward Ave.	16
Meets on						
IP	Hicksville 11801 Men's Discussion	9797	8	B / R 7:30 PM	United Methodist Church of Hicksville - 130 Old Country Rd. (1 Block East of Newbridge Rd.)	21
Meets on-						
H	Amityville 11701 Faith & Courage	9583	7	B / R / Z 7:30 PM ID 859 2037 3856 PW 233207	St. Mary's Episcopal Church 175 Broadway (RT 110) (Park at rear entrance)	27

Al-Anon Contact Information

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SUFFOLK COUNTY P.O. Box 490 Farmingdale, NY 11738 (631)699-2827 www.alanon-suffolk-ny.org

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